*Please complete the form below with your recipe of choice for inclusion in the Blue Coast Digital Recipe Book and return to* [*aveen@tourismsarnialambton.com*](mailto:aveen@tourismsarnialambton.com)

**BUSINESS NAME:**

**NAME OF DISH:**

**PLEASE INDICATE THE STYLE OF DISH:**

**Appetizer Side Dish Entrée Dessert**

**ARE YOU ABLE TO SUBMIT A PHOTO OF THE PREPARED DISH (yes/no):**

**ESTIMATED PREPARATION TIME:**

**INGREDIENTS:**

**DIRECTIONS:**